

## Conclusion

Spending time outside is an important part of how infants and toddlers may learn about their world. Finding ways to support this learning is a gift that families and staff can give young children. As you head outside to explore, remember these things:

- Everyone should wear appropriate clothing—including adults! If it's snowing and the children are in snowsuits but the adults are in jeans, the adults are likely to get cold long before the children are finished exploring.
- Do safety checks every day. Make sure that the environment is free of any garbage and that paths do not have sand or other items that could slip up a running toddler.
- Have fun! Enjoy digging in the sandbox, peeking through the fence, watching birds, and whatever else you notice through a child's eyes.